

MONDAY EVENING

JANUARY 19, 2026

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
(3) 3	(5:00) NBA Basketball		NBA Basketball Boston Celtics at Detroit Pistons (N) (Live)						3News (N)	(:35) J. Fallon	
(5) 5	News (N)	Hollywood	To Be Announced						News 5 (N)	(:35) J. Kimmel	
(8) 8	Fox 8 News	FamFeud (N)	Kitchen "Hell of a Showdown"	Doc "Family Matters"			Fox 8 News at 10:00pm (N)		Big Bang	Two Half Men	
19 11	Wheel (N)	Jeopardy! (N)	Neighbor	DMV	FBI "Captured"		NCIS-Orig. "End of the Road"		19 News at	(:35) Colbert	
21 4	(5:00) NBA Basketball		NBA Basketball Boston Celtics at Detroit Pistons (N) (Live)						News (N)	(:35) J. Fallon	
27 6	Wheel (N)	Jeopardy! (N)	Neighbor	DMV	FBI "Captured"		NCIS-Orig. "End of the Road"		First News	(:35) Colbert	
33 7	33 at 7 (N)	ET (N)	To Be Announced						News Chan.	(:35) J. Kimmel	
43 9	19 News at	19 News First	Law & Order: SVU "Legacy"		19 News at 9 PM		News	(:45) Sports	Law-SVU "Baby Killer"		
45 2	PBS News Hour (N)		Antiques Roadshow		Antiques Roadshow		Pure Chants		Amanpour and Company (N)		
62 10	Big Bang	Big Bang	Kitchen "Hell of a Showdown"	Doc "Family Matters"			First News on Fox (N)		Seinfeld	Seinfeld	
A&E	Storage Wars		Storage Wars		Storage Wars		Storage Wars "Yes We Cam!"		(:05) Storage Wars		
AMC	(5:00) ♣★★ Lethal Weapon 4		♣★★★ Beverly Hills Cop (84)		Eddie Murphy.		(:15) ♣★★ Beverly Hills Cop II (87)		Eddie Murphy.		
ANPL	My Pet Ate	My Pet Ate	Work "Vets and Volunteers"		Work on the Wild Side		Work on the Wild Side		Work "All Shapes and Sizes"		
BET	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Payne	(:35) Payne	(:10) Payne	(:50) Payne	
BRAVO	Below Deck Mediterranean		Below Deck (N)		Watch What	Southern Charm "Fowl Play"		Below Deck "Bubble Trouble"		Below Deck	
CBSSN	College Basketball Loyola (Md.) at Lehigh (N) (Live)				College Basketball North Carolina A&T at Hampton (N) (Live)				Poker Night in America		
CMT	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls	
CNBC	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		
CNN	E. B. OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		
COM	The Office	(:35) Office	(:10) Office	(:45) Office	(:20) The Office		(:55) Office	The Office	Family Guy	Family Guy	
DISC	Contraband "Pulp Addiction"		Contraband: Seized (N) (SP)		120 Hours Be (N) (P)		Contraband: Seized		Contraband: Seized		
E!	(6:00) ♣★ Expend4bles (P)		♣★★ Starksy & Hutch (04) Owen Wilson, Ben Stiller.				♣★ Expend4bles (23) Sylvester Stallone, Jason Statham.				
ESPN	Ram Trucks	CFP National Championship	Miami vs. Indiana From Hard Rock Stadium in Miami Gardens, Fla. (N) (Live)						RamTrucks	SportsC. (N)	
ESPN2	Ram Trucks	CFP National Championship	Field Pass with The Pat McAfee Show: Miami vs. Indiana (N) (Live)						(:15) Australian Open		
FDOH	Bensinger	Golic / Golic		Zips Weekly	Brad Csmat	Cruise In	Bensinger	Brad Csmat	The Bobby Carpenter Show		
FNC	Ingraham (N) (Live)		Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		
FOOD	Baking "Family Favorite"		Baking "A Trip to Remember"		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	
FREE	(6:30) ♣★★★★ Up (09) Edward Asner.			(:35) ♣★★★★ Coco (17) Voices of Gael Garcia Bernal, Anthony Gonzalez.					The 700 Club (N)		
FX	(5:30) ♣ Night at the Museum: ...		♣★★ Uncharted (22) Mark Wahlberg, Sophia Ali, Tom Holland.				♣★★ Uncharted (22) Tom Holland.				
GOLF	PGA TOUR	Lessons	PGA Tour Golf Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.						PGA Tour Golf		
HALL	(6:00) ♣ Frozen in Love (18)		♣ Winter in Vail (20) Tyler Hynes, Lacey Chabert.				♣ The Birthday Wish (17) Luke MacFarlane, Jessy Schram.				
HGTV	Hunters	Hunters	Don't Hate Your (N)		Neighbor	Neighbor	Hunters	Hunters	Hunters	Hunters	
HIST	History's Greatest Mysteries		History's Greatest Mysteries		History's Greatest Mysteries		(:05) History's-Mysteries		(:05) History's-Mysteries		
HN	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	
ION	Chicago "43rd and Normal"		Chicago P.D.		Chicago P.D. "I Was Here"		Chicago P.D. "Center Mass"		Chicago "Intimate Violence"		
LIFE	NCIS "Devil's Triangle"		NCIS "Engaged, Part 1"		NCIS "Engaged, Part 2"		(:05) NCIS "Sins of the Father"		(:05) NCIS "Newborn King"		
MSNBC	The Weeknight (N) (Live)				R. Maddow (N) (Live)		Last Word (N) (Live)		11th-Stephanie (N) (Live)		
MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NGEO	Lost "Tutankhamun's Death"		Lost "Alexander The Great"		Lost "Rise of Cleopatra"		Lost "Secrets of the Nile"		Lost Treasures of Egypt		
NICK	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	(:35) Big Bang	
OXY	Snapped "Deborah Frazier"		Snapped "Valerie Nessler"		Snapped "Tyler Block-Patton"		Snapped "Brandy Stutzman"		Snapped "Hazelynn Stomps"		
PARMT	♣★★★★ Raiders of the Lost Ark (81) Karen Allen, Harrison Ford.					(:35) ♣★★★★ Indiana Jones and the Last Crusade (89) Harrison Ford.					
SYFY	(5:30) ♣★★★★ Harry Potter and the Sorcerer's Stone (01)				♣★★★★ Harry Potter and the Chamber of Secrets (02) Rupert Grint, Daniel Radcliffe.						
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
TCM	(4:30) ♣ King: A Filmed Recor...		♣ I Heard It Through the Grapevine (82) James Baldwin.				♣★★★ Malcolm X (92) Angela Bassett, Denzel Washington.				
TLC	90 Day "Pillow Talk: Khalasi"		90 Day: Other "Ayo" (N)		(:05) 90 Day Diaries (N)		(:05) 90 Day: Other (N)		(:05) 1000-lb Sisters		
TNT	Post-Game		Unrivaled (N)		Unrivaled Basketball		Unrivaled (N)		♣★★★ King Richard (21)		
TOON	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	
TRAV	(6:00) Mysteries- Unk.		Mysteries of the Unknown				Mysteries of the Unknown				
TRU	Post-Game	Unrivaled (N)	Unrivaled Basketball		(:15) Unrivaled Basketball			Unrivaled (N)	♣★★ Any Given Sunday		
TVL	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	Law-SVU "Jersey Breakdown"		Law & Order: SVU		Law-SVU "Comic Perversion"		Law-SVU "Gridiron Soldier"		Law-SVU "Downloaded Child"		
VH1	Love & Hip Hop "Boy Band"		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		
WE	Criminal Minds "Omnivore"		Criminal "House on Fire"		Criminal Minds "Conflicted"		Criminal "A Shade of Gray"		Criminal "The Big Wheel"		
DISN	(6:15) ♣ Princess & the Frog		♣★★★ Soul (20) Jamie Foxx.			(:45) Vampireira	(:10) Electric	(:35) Kiff	Ladybug	Ladybug	
FLIX	(6:15) ♣★★★ A Single Man		♣★★★ The Hours (02) Julianne Moore, Meryl Streep.				♣★★★ Doubt (08) Meryl Streep.			(:45) ♣ Road	
HBO	(:15) Seven Kingdoms		Industry		♣★★ Monster-in-Law (05) Jennifer Lopez.			(:45) Seven Kingdoms		Industry	
HBO2	(:05) ♣ King in the Wilderness (18)				Industry			A Knight	(:45) ♣★★★ Logan (17) Hugh Jackman.		
HBO3	(:10) ♣★★ The Twilight Saga: New Moon (09)				(:20) ♣★★ The Twilight Saga: Eclipse (10) Kristen Stewart.				Movie		
MAX	Movie	(:45) ♣★★★ The Suicide Squad (21) Idris Elba, John Cena, Margot Robbie.					♣★★★ The Farewell (19) Tzi Ma, Awkwafina.		(:40) ♣ Heretic		
PARSHO	(6:30) ♣★★★★ The Martian (15) Matt Damon.				Coldwater	(:50) ♣★★★ Grudge Match (13) Robert De Niro.				(:45) ♣ Cut	
SHOW2	Movie	♣★★★ Fences (16) Viola Davis, Denzel Washington.								♣★★★ Flight (12) Don Cheadle, Denzel Washington.	
STARZ	(6:20) ♣ About Last Night		Critics Choice		BMF Docu	Power Book IV: Force		(:35) The Nowhere Man		Movie	
STZENC	(:10) ♣★★★★ I Love You, Man (09) Jason Segel, Paul Rudd.				♣★★ Ride Along (14) Kevin Hart, Ice Cube.			(:45) ♣★★ Ride Along 2 (16) Ice Cube.			